What is amniotic fluid?

Amniotic fluid is a colourless liquid that surrounds the developing baby in your uterus. It helps to protect and cushion your baby inside the amniotic sac, maintains a constant temperature around your baby and protects both your baby and your uterus against infection.

Loss of amniotic fluid

Often referred to as “water breaking”, most women will have a spontaneous and natural rupture of membranes just before or during labour. When this happens, the amniotic fluid will leak out.

About one pregnant woman in ten will have what is called a premature rupture of membranes (PROM). This is when the water breaks a bit earlier than expected in the pregnancy.

Importance of knowing if you are leaking amniotic fluid

If you are leaking amniotic fluid, it means that the amniotic sac is ruptured. This can increase the risk of infection to you and your baby, as well as put you at a greater risk of premature delivery.

If you are unsure whether you are leaking amniotic fluid, you may use AmnioSense™ or contact your midwife or doctor. When it has been confirmed that you are leaking amniotic fluid, your doctor will take the necessary steps to ensure you and your baby stay healthy.

How to identifying leakage

You may feel some wetness or lose some fluid during your pregnancy. It may be hard to distinguish between vaginal discharge, urine or amniotic fluid (if your water breaks), and misinterpretation is common.

Using an AmnioSense™ liner will allow you to easily detect amniotic fluid leakage when you experience unidentified vaginal wetness. An amniotic fluid leak should be reported to your midwife or doctor immediately.
Pregnancy can be a wonderful time, but the changes in your body can sometimes cause uncertainty. An increase in vaginal wetness is a normal part of pregnancy, but it can also be a cause for worry. Studies show that up to 34% of pregnant women will experience urinary incontinence during their pregnancy. While approximately 10% will experience amniotic fluid leakage as a result of a premature rupture of membrane.

**What is AmnioSense™?**
AmnioSense™ is the only home screen test available in the UK that can help you understand if a fluid leak during pregnancy is more likely amniotic fluid or urine. This unique detector strip is contained in a panty liner.

**Why use AmnioSense™?**
With AmnioSense™, you can now monitor your leaks with a simple panty liner, which is easy to use and safe for you and your baby. You can use AmnioSense™ whenever you experience unidentified vaginal wetness. Wear the liner as soon as possible after feeling wetness. AmnioSense™ will help you determine whether you are experiencing urinary incontinence or an amniotic fluid leak.

**How does AmnioSense™ work?**
AmnioSense™ has been created, with its unique detector strip, to detect fluid by testing the pH (acidity) levels and ammonia levels to differentiate it from urine. The liner has a central polymer-embedded strip which changes colour from yellow to blue and/or green, when amniotic fluid is detected. Even the smallest amounts of amniotic fluid leakage will create a visible blue and/or green stain.

Please refer to the in-pack leaflet for full instructions on how to use and interpret results.

For more information about the product and where to buy please visit: www.amniosense.co.uk

---

**Manufacturer**
CS Common Sense Ltd
www.cs-commonsense.com
Haeshel St. 7, P.O.B. 3567,
Caesarea 3088900, Israel

**EU Authorised Representative**
Obelis s.a
www.obelis.net
Boulevard Général Wahis 53,
1030 Brussels, Belgium

**Distributor**
Ceuta Healthcare Ltd
www.ceutahealthcare.com
Hill House, 41 Richmond Hill,
BH2 6HS, England

Reference 1. Netmums poll conducted by Chartered Society of Physiotherapy and Royal College of Midwives (RCM)